# **Towards working life**





Are you currently on parental leave and wondering what you could do when your child starts daycare? Now is a good time to explore the possibilities!

Take part in the coaching and find your own path to working life!

## In the coaching, you can:

- identify your strengths, skills and interests
- find interesting professions
- explore various fields of study at OSAO
- try out a profession in a workplace
- strengthen your Finnish language skills
- learn more about services for families with children

You can participate in the coaching part-time

Childrent can come along during the orientation period

You will receive personal guidance

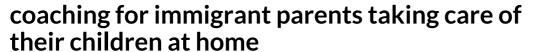
Join us! Send a message or call: p. 046 920 5765

Detailed information about the coaching





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# The coaching program

#### During the orientation period, you can:

- learn more about yourself: skills, strengths and interests
- explore study and career opportunities
- check your Finnish level and received advice from a Finnish language teacher on learning it further
- receive tips on balancing work or study and family life
- learn more about early childhood education and services for families with children

### **Exploring professional fields of study:**

- when you know which professions interest you, you can explore professional fields of study at OSAO
- you will learn more about the fields, studies, job tasks, and employment opportunities

#### **Workplace training:**

you can try a profession in the workplace and find out if the profession suits you

### Language club

During the coaching, you can also participate in KOTVA's language club and activate and strengthen your Finnish language skills. Children are welcome to come along!

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